

**Science, Technology and Society Network**

**THE ANNUAL SEMINAR AT ABERGAVENNY**  
**Monday 9<sup>th</sup> to Thursday 12<sup>th</sup> August 2010**

**The Seminar is Open to all U3A Members**

The seminar format is a mixture of talks, visits and socialising. Talks are illustrated and while given by experts or enthusiasts are at a general interest level rather than a specialist presentation. So far we have speakers on large aircraft, cholesterol, energy, the Golden Mean, starlight and DNA. The main visit will probably be to the Waterfront in Swansea where there is a Maritime Museum and other attractions. There will also be a more local visit to a place of interest. We will publish the full programme in May or June.

The Seminar is held at the Ty'r Morwydd Environmental Study Centre, Abergavenny. They have a good website at [www.mulberrycentre.com](http://www.mulberrycentre.com). The programme starts at 2.00pm on Monday 9<sup>th</sup> and finishes after a buffet lunch on Thursday 12<sup>th</sup> August. The half board cost is £190 per person in either single or double rooms including all visits. There will be a limited number of places for day visitors at £90 including all meals and visits

**Location and Accommodation:**

Abergavenny is a historic market town in Monmouthshire. Ty'r Morwydd Environmental Centre is a good quality hostel rather than a hotel and has 30 single and 22 twin bedrooms on two floors. There is no lift. All rooms have washbasins but they are not en-suite. There is a well-equipped shower and toilet room near the bedrooms on the first floor (female) and second floor (male) and an additional unisex toilet on each floor. There are also toilets on the ground floor.

Beds are made up with duvets and rooms are serviced daily but you will need to bring your own towels and soap.

The dining and seminar rooms are on the ground floor. Please note that most of the single rooms are on the second floor (male shower room). Those who have particular problems with stairs should state this and ask for a first floor room but it cannot be guaranteed.

**FOOD**

The meals are very good and generously proportioned and mostly 'help yourself to as much as you want'. Our first meal will be an evening meal on Monday 9<sup>th</sup>. Thereafter the price includes cooked breakfast, evening meal, coffee/tea, and biscuits for the breaks when we are working at the Centre. There will also be a buffet lunch before we depart on Thursday.

There are quality vegetarian alternatives at each meal. This alternative is only available for those who have asked for this in advance at the time of booking. **It is important to advise us if you have special dietary requirements.**

Ty'r Morwydd is not licensed but we will be providing wine and soft drinks for members socialising in the evening. This is included in the price. The informal evening socialising has proved to be an enjoyable and popular part of the seminar.

### **SUNDAY 8<sup>th</sup> August**

We have arranged for rooms to be available from Sunday night 8<sup>th</sup> August at an additional cost of £25 including an excellent breakfast. We go out to a local pub for a meal on Sunday night. Monday morning is free to socialise or visit Abergavenny

**To get there:** Abergavenny is well served by trains; London and Manchester are around 2.5 hours. Driving is not complicated: up via M4 and Newport, or down on the M5/ M50 Ross Spur, then the A40. Full directions to the centre will follow.

We hope you decide to join us. We will have another memorable 4 days. We expect to have a reasonable demand for places and applications will be dealt with on a first come first served basis.

**Send a deposit to secure your place, with the enclosed application form.**

**Organised by members of the U3A Science, Technology and Society Network:**

Jo Livingston and Nic Griffin, our web address is  
u3aabergavenny2010@hotmail.co.uk

Please address all enquiries to the organisers, Jo or Nic.

Nic is dealing with the bookings and visits and Jo is arranging the speakers, but general questions about the seminar can be addressed to either of us. Bear with us if we are not at home, leave a message and we will reply ASAP.

The Third Age Trust, the Ty'r Morwydd Centre, and the Abergavenny U3A are all supportive of the Seminar but unable to answer queries.

This event is open to all U3A members – not just the Sci- Tech Network.

**U3A Sci-Tech at Abergavenny - Seminar**  
**Monday 9<sup>th</sup> to Thursday 12<sup>th</sup> August 2010**

To Book: Send this form to Nic Griffin, Spread Eagles, Melbury Abbas, Dorset, SP7 ODU with a cheque deposit of **£90 per person (Res) or £45 (Day), payable to "Third Age Trust"**.

The balance (£100 resident, £45 day student) should be forwarded to Nic by 15<sup>th</sup> June 2010 (cheque payable to Third Age Trust).

Bed and Breakfast accommodation will be available at Ty'r Morwydd on Sunday 8<sup>th</sup> August if at least 12 of us want it. Cost will be an additional £25.00 payable by 15<sup>th</sup> June, please indicate below if you would like B&B on 8th August.

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Please reserve a place for me/us at the  
**U3A Seminar Monday 9<sup>th</sup> to Thursday 12th August 2010 at**  
**Ty'r Morwydd Environmental Study Centre, Abergavenny**

Name/s .....

Resident/Non Resident..... U3A .....

Address .....

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Postcode ..... Phone .....

Email..... preferred method of communication

Please indicate if you require a double room or are prepared to share a double room

Note any dietary requirements (vegetarian, diabetic etc) .....

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Please tick here  if you require B&B on Sunday 8<sup>th</sup> August **and remember to add £25.00 to your**

**final Seminar payment**

I enclose deposit of £..... and agree to pay the balance by **15<sup>th</sup> June 2010**

**Signed** .....

**Tell us if you have difficulty walking, we may be able to put you in a room closer to facilities, if one is available**

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